

Desires and Expectations

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What do you desire from God? Express your expectations and hopes to God. Feel free to write, speak aloud, or even sketch your response.

Ask God what he wants for you to receive. Listen. Write, sketch or speak what you think God might like to say to you.

Considerations:

- Consider exploring these prayer questions aloud while walking, riding a bike, driving, etc.
- You may find that as you let your mind explore this, you wish you knew Jesus better to more fully understand what you want from him or what he might want for you. If this is the case, consider the daily practice of Prayer of Recollection, which combines prayer, meditation and scripture as you increase your knowledge of who Jesus is and your awareness of him inside of you.