

## Bible Memorization

### Psalm 23 (NLT)

1 The Lord is my shepherd; I have all that I need.

2 He lets me rest in green meadows; he leads me beside peaceful streams.

3 He renews my strength.

He guides me along right paths, bringing honor to his name.

4 Even when I walk through the darkest valley, I will not be afraid, for you are close beside me.

Your rod and your staff protect and comfort me.

5 You prepare a feast for me in the presence of my enemies.

You honor me by anointing my head with oil.

My cup overflows with blessings.

6 Surely your goodness and unfailing love will pursue me all the days of my life,  
and I will live in the house of the Lord forever.

- Consider committing Psalm 23 to memory right now (or any verse of your preference). If it helps, feel free to make up or use a tune, draw pictures, or make hand motions.
- Try coming back to the verse you are working on throughout the day to tamp it down into memory.
- You can print this verse or write it out to take with you. Consider progressively tucking it in behind each next project (or setting alerts on your phone to come back to it) to remind you to try it again throughout the day.

- As you fall asleep at night, bring it back to mind (read it before laying down if that is helpful). Invite God to help you think deeply about what it means in your life right now.

Having scripture strong in your mind and readily on your lips helps keep Christ with you throughout the day and can bring you guidance, insight and clarity in matters that arise.

If you already have this verse memorized, feel free to choose a different verse. Here are some suggestions for consideration:

- Phil 4:4-8 – Words of Encouragement
- Rom 5:1-8 – The Hope of Glory
- Rom. 8 – Assurance of Eternal Life in the Spirit, Nothing Can Separate Us from God's Love
- Ps. 139:1-6 – A Psalm of David
- I Cor. 13 – Love Is the Most Important Thing
- Col. 3:12-17 – Living the New Life in Christ
- Phil. 2:3-11 – Have the Attitude of Christ
- Any or all sections in Matthew chapters 5-8 – The Sermon on the Mount: Jesus' Call to Righteousness