Basking in God's Transformation in You

Adapted from page 280 of *Spiritual Disciplines Handbook* by Adele Ahlberg Calhoun. First edition copyright (c) 2005 by Adele Ahlberg Calhoun. Used by permission of InterVarsity Press, Downers Grove, IL. www.ivpress.com

Consider how the work God has done in you has been different than what you anticipated.

As you move forward, what practices do you want to continue? (Or do you want to start at the beginning and work through them all?)

What do you want to take with you from what God has done?
What do you want to leave behind?
Thank God for his work in you and invite him to continue guiding your future. Sit quietly with him to discern if there is anything you think he might like you to do.