

Meeting Planning Tool for a Day with Jesus

Plan for rest. How will you get a good night's sleep before your day with Jesus? (Check out Evenings and Nights with Jesus.)

Meeting	Time/ Duration	Location	Ideas
Sundown meeting (Evenings and Nights with Jesus practice)			Recommended: <ul style="list-style-type: none"> • Recollect, worship, dream, prepare for the next day, and work out conflict.
Dawn meeting (Waking Up with Jesus practice)			Recommended: <ul style="list-style-type: none"> • Praise and Petition.
Outset meeting			Recommended: <ul style="list-style-type: none"> • Consider scripture to bring to mind throughout the day.
Scheduled meetings during the day	(how often or specific times)		
Reflection meeting (The Examen practice)			Recommended: <ul style="list-style-type: none"> • Thanksgiving, confession and asking God for help.